

# National Accreditation Board for Hospitals & Healthcare Providers

(Constituent Board of Quality Council of India)

## *Scope of Accreditation*

### **Nattika Beach Ayurveda Hospital**

Nattika Beach  
Thrissur - -680566, Kerala

### **Certificate No. AH-2019-0077**

Valid from : July 27, 2019  
Valid thru : July 26, 2022

#### **Panchakarma**

##### **Poorvakarma**

- Amapachana
- Rookshana
- Snehana
- Swedana

##### **Pradhanakarma**

- Vamanam (Emesis)
- Virechanam (Purgation)
- Nasyam (Nasal therapy)
- Anuvasana Vasthi (Oil enema)
- Asthapana Vasthi  
(Medicated/Decoction enema)

##### **Paschatkarma**

- Rasayana Chikitsa
- Samsarjana Karma
- Shamanadi Chikitsa

##### **Special Panchakarma Procedures**

- Kriya Kalpa
- Matravasthi
- Sweda

- Shirovasthi
- Shirodhara
- Udhawartana
- Dhupan
- Pichu
- Grabhasanskara

##### **Clinical Services**

- Kayachikitsa ( General Medicine)
- Shalakyatantra( Eye & ENT)
- Jara Chikitsa ( Geriatrics)
- Vajeeekarna Chikitsa (Aphrodisiacs)

##### **Other Services**

- Dietetics
- Meditation
- Yoga



NABH as an organisation is ISQua Accredited

**Dr. Harish Nadkarni**  
Chief Executive Officer